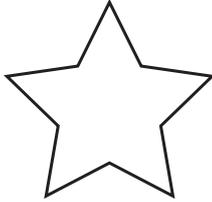# KINDNESS BINGO!
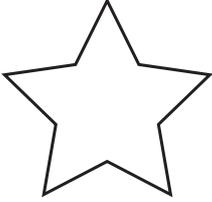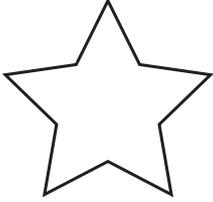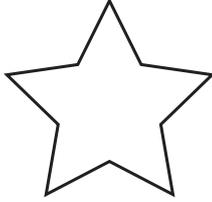
HOW MANY ACTS OF KINDNESS CAN YOU DO?
PRINT OUT OUR KINDNESS BINGO CHART
AND COLOUR IN THE STARS
ONCE YOU'VE COMPLETED THEM!

PICK UP SOME LITTER	GIVE A FRIEND OR FAMILY MEMBER A HUG	RECYCLE SOME LITTER
WRITE A NOTE TO SOMEONE TO TELL THEM WHY YOU APPRECIATE THEM	MAKE FRIENDS WITH SOMEONE NEW	GIVE SOMEONE A COMPLIMENT
HOLD THE DOOR OPEN FOR SOMEONE	DO YOUR CHORES WITHOUT BEING ASKED	SMILE AT SOMEONE NEW AT SCHOOL
WRITE A THANK YOU NOTE TO YOUR TEACHER	HELP SOMEONE TIDY UP	DONATE SOME OLD TOYS THAT YOU DON'T USE TO CHARITY

KINDNESS RANDOM COMPLIMENT SLIPS

MAKE SOMEONE SMILE AND GIGGLE WITH
OUR RANDOM COMPLIMENT SLIPS!

PRINT, CUT OUT (ASK AN ADULT TO HELP!)
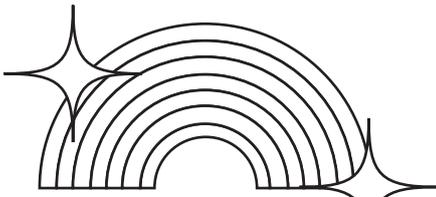& COLOUR OUR KINDNESS COMPLIMENT
CARDS AND HAND THEM OUT!

YOU ARE AWESOME!

I BELIEVE IN YOU

YOU ARE CAPABLE OF GREAT THINGS
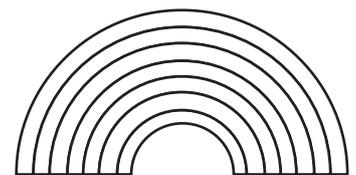
THANKS FOR MAKING MY DAY BETTER

YOU ARE EXTRAORDINARY!

YOU ARE SO SMART!

WELL DONE!

YOU CAN ACHIEVE ANYTHING!

YOU ARE THE BEST!

BE KIND TO YOURSELF

IT'S IMPORTANT TO BE KIND TO YOURSELF, SO PRINT OFF THE BELOW AND WRITE A KIND NOTE TO YOURSELF! KINDNESS STARTS WITHIN!

TO ME,

I AM BRAVE & STRONG BECAUSE: _____
_____

I AM BEAUTIFUL BECAUSE: _____
_____

I AM INTELLIGENT BECAUSE: _____
_____

I AM THANKFUL FOR: _____
_____

STAY KIND.

WITH LOVE,
ME